

**Base**



**BetaCareAll®**

**Distributor:** Natural Factors

**Manufacturer:** Natural Factors

**Product Description:** Natural Factors BetaCareAll is a unique formula, containing 25,000 IU of natural Beta Carotene (8330 IU Vitamin A) and other beneficial carotenoids. This blend of natural carotenoids comes from the sea plant, *Dunaliella salina*. Beta Carotene is converted to Vitamin A in the body. Vitamin A is essential to many body processes, including maintenance of healthy skin, mucous membranes, bones and teeth. Carotenoids, found in fruits and vegetables, are powerful antioxidants – preventing damage to cellular structures throughout the human body. With today's lifestyle, it is difficult to eat enough fruits and vegetables, making BetaCareAll an important source of precious carotenoids.

**Recommended Use/Instructions:** 1 softgel per day or as directed by a health professional.

**Storage Instructions:** For freshness store in a cool, dry place.

**Additional Information:** Contains no artificial preservatives or color; no corn, dairy, wheat, starch or yeast. All Natural Factors products are manufactured in accordance with the Government of Canada's Good Manufacturing Practices (GMP), among the highest standards in the world.

**Specific Warnings**

None provided by the manufacturer.

\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent disease.

**Supplement Facts**

Serving Size 1 Softgels		
	Amount Per Serving	% Daily Value*
Vitamin A (100% (25,000 IU) as beta carotene)	8330 I.U.	170%
100% Natural mixed carotenoids	5780mcg	**
Tomato extract	5000mcg	**
Lycopene	300mcg	**
Alpha carotene	495mcg	**
Cryptoxanthin	118mcg	**
Zeaxanthin	99mcg	**
Lutein	74mcg	**

\* Percent Daily Values (DV) are based on a 2000 calorie diet  
\*\* Daily Value not established

**Other Ingredients:** Softgel capsule (gelatin, glycerin USP, purified water, carob powder), vegetable oil, soybean oil and soybean lecithin.



**Vitamin E with Mixed Tocopherols**

**Distributor:** Nutraceutical

**Manufacturer:** Nutraceutical

**Product Description:** Vitamin E is an essential vitamin and powerful antioxidant that helps protect cells from free-radical damage and enhances the antioxidant activity of molecules. The all-natural Vitamin E d-alpha-tocopherol with mixed tocopherols selected by Thompson is the most biologically active form of Vitamin E available.

**Recommended Use/Instructions:** As a dietary supplement, take one softgel up to two times daily.

**Storage Instructions:** Store in a cool, dry place.

**Additional Information:** THOMPSON® laboratory analysis guarantees purity and freshness of all THOMPSON® products.

**Specific Warnings**

None provided by the manufacturer.

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**Supplement Facts**

Serving Size 1 Softgels		
	Amount Per Serving	% Daily Value*
Vitamin E (as d-alpha-tocopherol with mixed tocopherols)	400 I.U.	1333%

\* Percent Daily Values (DV) are based on a 2,000 calorie diet  
\*\* Daily Value not established

**Other Ingredients:** Softgel capsule (gelatin, glycerin) and soybean oil.



**Optimum-C Formula**

**Distributor:** Bluebonnet Nutrition

**Manufacturer:** Bluebonnet Nutrition

**Product Description:** Bluebonnet's Optimum C Formula Capsules contain buffered vitamin C from calcium ascorbate, rose hips and acerola. Citrus bioflavonoids from fresh oranges, lemons, tangerines, grapefruits and limes. Plus LeucoSelect® grape seed extract, hesperidin and rutin.

**Recommended Use/Instructions:** As a dietary supplement, take two vegetable capsules daily.

**Storage Instructions:** Store in a cool, dry place.

**Additional Information:** Easy-to-swallow vegetable capsules for maximum assimilation and absorption. Free of common allergens including corn, soy, yeast, wheat, gluten, barley, rice, sodium, sugar and milk.

**Specific Warnings**

None provided by the manufacturer.

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**Supplement Facts**

**Serving Size** 2 Veg. Capsules

	Amount Per Serving	% Daily Value*
Vitamin C (calcium ascorbate)	1,000mg	1,667%
Citrus Bioflavonoids	500mg	**
Hesperidin	60mg	**
Grape Seed Extract (95% total polyphenols providing oligomeric proanthocyanidins, monomeric polyphenols and flavonoids)	100mg	**
Rutin	50mg	**
Rose Hips	10mg	**
Acerola	10mg	**

\* Percent Daily Values (DV) are based on a 2,000 calorie diet  
\*\* Daily Value not established

**Other Ingredients:** 100% Kosher vegetable capsules, silica, cellulose and magnesium stearate.



**B-Complex 100**

**Distributor:** Bluebonnet Nutrition

**Manufacturer:** Bluebonnet Nutrition

**Product Description:** Capsules contain a full spectrum of high potency B vitamins in their purest form.

**Recommended Use/Instructions:** As a dietary supplement, take one capsule daily, preferably with a meal.

**Storage Instructions:** Store in a cool, dry place.

**Additional Information:** Easy-to-swallow vegetable capsules for maximum assimilation and absorption.

**Specific Warnings**

None provided by the manufacturer.

\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent disease.

**Supplement Facts**

**Serving Size** 1 Vegetable Capsules

	Amount Per Serving	% Daily Value*
Vitamin B-1 (thiamine)	100mg	6667%
Vitamin B-2 (riboflavin)	100mg	5882%
Vitamin B-3 (niacinamide)	100mg	500%
Vitamin B-6 (pyridoxine HCl)	100mg	5000%
Vitamin B-12 (cobalamin)	100mcg	1667%
Biotin	100mcg	33%
Folate (folic acid)	400mcg	100%
Pantothenic Acid (calcium pantothenate)	100mg	1000%
Choline Bitartrate	100mg	**
Inositol	100mg	**
PAABA (para-aminobenzoic acid)	50mg	**

\* Percent Daily Values (DV) are based on a 2,000 calorie diet  
\*\* Daily Value not established

**Other Ingredients:** 100% Kosher vegetable capsules, cellulose, magnesium stearate and 100% natural vanilla bean.



**Iron-Free Mega Minerals**

**Distributor:** Nutraceutical

**Manufacturer:** Nature's Life

**Product Description:** Essential minerals affect every system and cell of the body. They maintain the proper acid/alkaline balance of the blood and other fluids; build strong bones and healthy blood cells; contract and relax muscles; assist neurotransmitters; transport oxygen and insulin; aid blood clotting; catalyze the formation of hormones and are a critical part of many enzymes.

**Recommended Use/Instructions:** As a dietary supplement, take four (4) capsules per day, with food. Some people may prefer, for optimal benefit, to take the four (4) capsules in separate doses during the day.

**Storage Instructions:** Store in a cool, dry place safely away from children.

**Additional Information:** DOES NOT contain yeast, milk or other dairy products, corn, wheat, gluten, rye, soy, rice, starch, wax, di-calcium phosphate, preservatives, flavoring or coloring.

**Specific Warnings**

None provided by the manufacturer.

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**MSM Joint Formula with Glucosamine & Chondroitin Sulfates**

**Distributor:** Natural Factors

**Manufacturer:** Natural Factors

**Product Description:** MSM Joint Formula is a synergistic blend of naturally derived compounds; MSM, Glucosamine and Chondroitin Sulfates which support healthy joint function. Glucosamine and Chondroitin provide support for the cartilage while MSM nourishes the joints and muscles. Taken together, these three nutrients provide triple joint support for healthy mobility.

**Recommended Use/Instructions:** 1 capsule, 4-6 times per day or as directed by a health professional.

**Storage Instructions:** For freshness, store in a cool, dry place. Keep out of reach of children.

**Additional Information:** Contains no artificial preservatives, color or sweeteners; no corn, dairy, soy, wheat or yeast. All Natural Factors products are manufactured in accordance with the Government of Canada's Good Manufacturing Practices (GMP), among the highest standards in the world.

**Specific Warnings**

None provided by the manufacturer.

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**Supplement Facts**

Serving Size 4 Capsules

	Amount Per Serving	% Daily Value*
Vitamin D <sub>3</sub> (as Cholecalciferol)	200I.U.	50%
Calcium (from Calcium Carbonate, Citrate/Malate)	1,000mg	100%
Iodine (from Kelp)	25mcg	17%
Magnesium (from Magnesium Oxide, Citrate)	500mg	125%
Zinc (from Zinc Picolinate, Citrate)	15mg	100%
Selenium (as L-Selenomethionine)	100mcg	143%
Copper (from Copper Gluconate Citrate)	1mg	50%
Manganese (from Manganese Citrate)	10mg	500%
Chromium (from Chromium Picolinate, Polynicotinate)	200mcg	167%
Molybdenum (from Sodium Molybdate)	20mcg	27%
Potassium (from Potassium Citrate)	99mg	3%
Boron (from Boron Citrate)	1mg	**
Silicon Dioxide	20mg	**
Vanadium (from Vanadyl Sulfate)	20mcg	**
Betaine HCl	100mg	**
Glutamic Acid HCl	100mg	**

\* Percent Daily Values (DV) are based on a 2,000 calorie diet  
 \*\* Daily Value not established

**Other Ingredients:** Gelatin Capsule and Magnesium Stearate.

**Supplement Facts**

Serving Size 1 Capsules

	Amount Per Serving	% Daily Value*
Total Carbohydrate	<1g	<1%
Sodium	15mg	<1%
Glucosamine Sulfate (sodium free)	300mg	**
OptiMSM® Methyl-sulfonyl-methane	300mg	**
Chondroitin Sulfate	240mg	**

\* Percent Daily Values (DV) are based on a 2,000 calorie diet  
 \*\* Daily Value not established

**Other Ingredients:** Gelatin capsule (gelatin, purified water), rice powder and magnesium stearate (vegetable grade). Contains crabs, prawns, shrimp and crayfish.



**CoQ-10 Alpha Lipoic Acid**

**Distributor:** Nutraceutical

**Manufacturer:** Nutraceutical

**Product Description:** The superior antioxidant formula features 60 mg. CoQ-10 and 100 mg. Alpha Lipoic Acid. CoQ-10 is involved in cellular energy and helps provide nutritive support for antioxidant activity to cell membranes and other lipids (fats). CoQ-10 is intended to provide nutritive support for cardiovascular health. Alpha Lipoic Acid is a versatile antioxidant with the potential for recycling other antioxidants, such as CoQ-10 and Vitamin E.

**Recommended Use/Instructions:** Take 1 tablet daily, preferably with a meal or glass of water.

**Storage Instructions:** Store in a cool, dry place.

**Additional Information:** KAL Guarantees that NO ingredients other than those listed on this label have been added to this product.

**Specific Warnings**

None provided by the manufacturer.

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**Supplement Facts**

Serving Size 1 Tablets

	Amount Per Serving	% Daily Value*
Vitamin E (as Natural Source d-Alpha Tocopheryl Succinate) (soy)	11.U.	3%
Alpha Lipoic Acid	100mg	**
CoEnzyme Q-10	60mg	**

\* Percent Daily Values (DV) are based on a 2,000 calorie diet  
\*\* Daily Value not established

**Other Ingredients:** Cellulose, Silica, Stearic Acid and Magnesium Stearate.